



PROCLAMATION

WHERE AS, the Let's Move: commit to changing Physical Activity Challenge is a county-wide initiative that focuses on physical activity and healthy behaviors; and

WHERE AS, Digital Vibez, Inc. and Palm Health Foundation present the annual challenge, which takes place from March 1 – 31, 2025; and

WHERE AS, inspired by Michelle Obama's Let's Move! initiative, Digital Vibez proudly carries forward the legacy of promoting active and healthy lifestyles in Palm Beach County; and

WHERE AS, Digital Vibez and Palm Health Foundation invite residents to form teams, commit to exercising at least 30 minutes a day throughout the month of March, and log their minutes on the Let's Move website, www.letsmovepbc.org. Palm Beach County logged 100,000 minutes in the first year of the challenge, and the numbers have increased every year since! In 2023, Palm Beach County logged over 103 million minutes. Let's keep this momentum going!

NOW THEREFORE, I, Thomas F. Carney, Jr., Mayor of the City of Delray Beach, Florida, on behalf of the City Commission, do hereby proclaim the month of March 2025 as:

Let's Move Delray

and urge all citizens to join in moving to improve their fitness, mental health, and overall health.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Delray Beach, Florida, to be affixed this 9th day of March 2026.

Thomas F. Carney, Jr.
Mayor