**WHEREAS**, parks and recreation is an integral part of communities throughout this country, including Delray Beach; and

**WHEREAS**, parks and recreation promotes health and wellness, improving the physical and mental health of people who live near parks; and

**WHEREAS**, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimers; and

**WHEREAS**, parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS, parks and recreation is a leading provider of healthy meals, nutrition services and education; and

**WHEREAS**, park and recreation programming and education activities, such as out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

**WHEREAS**, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses, and crime reduction; and

WHEREAS, parks and recreation is fundamental to the environmental well-being of our community; and

**WHEREAS**, parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change; and

WHEREAS, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

**WHEREAS,** the U.S. House of Representatives has designated July as Parks and Recreation Month; and

**WHEREAS,** Delray Beach recognizes the benefits derived from parks and Recreation resources.

**NOW, THEREFORE**, **I**, **Thomas F. Carney, Jr., Mayor** of the City of Delray Beach, Florida, on behalf of the City Commission, do hereby declare the month of July as:

## **Parks and Recreation Month**

in the City of Delray Beach, and encourages all the communities of Delray Beach to recognize the benefits of parks and recreation within our city and to our country.

**In Witness Whereof,** I hereunto set my hand and cause the official seal of the City of Delray Beach, Florida, to be affixed this  $9^{th}$  day of July 2024.

THOMAS F. CARNEY, JR. MAYOR