

## **Recommended Expenditure Plan for City of Delray Beach Opioid Litigation Settlement Funds Collected Through November 1, 2024**

The following are recommendations for City-related expenditures of Opioid Litigation Funds. This list is a culmination of several meetings and work undertaken by representatives of the City Manager's Office, Police Department and Fire Department. Currently \$239,554.27 is available for expenditure pursuant to Schedule B, "Approved Uses," of the Florida Opioid Allocation and Statewide Response Agreement. As the below expenditures are anticipated as having funding available for through this source only one time, all efforts were taken to avoid any project or program that would have significant recurring costs. This limited the potential expenditures and thus the proposed plan only anticipates expenditures of \$158,000 leaving a balance of \$81,554.27. If no additional expenditures are recommended, it is anticipated the remaining amount will roll over to be available for future use as determined by the City Commission. (NOTE: Authorization Under Exhibit A refers to Exhibit A of the Opioid Litigation Funds Policy).

### **RECOMMENDED EXPENDITURES**

#### **Police Department**

##### **1) Drug Abuse Resistance Education (D.A.R.E.) Program**

**Description:** D.A.R.E. is a positive community engagement program that can bring long term positive memories for children in the community. The D.A.R.E. Program gives children a more lengthy and personal interaction with law enforcement. After speaking with multiple current officers, that are familiar with D.A.R.E. program, they still remember the program and sometimes even the specific D.A.R.E. Officer from over 20 years ago. This proves that these interactions make positive impacts on the children. This also gives opportunities for officers to find the specific needs of "at risk" individuals and provide outreach to meet those children's specific needs. Being able to direct attention and create a more positive outlook for these children about police will, in turn, reduce future calls for service and hopefully reduce the number of opioid and other substance abuse related calls in the city. This program will certify 4 officers and purchase hundreds of elementary level workbooks for D.A.R.E. attendees in addition to an array of D.A.R.E. branded material.

**Cost: \$8,000**

**Re-occurring Cost:** \$1,000 per officer if additional officers are required in future years. Additional books that may be required for future classes cost \$165 per 100 workbooks. There may be some minimal overtime costs.

**Benefit:** D.A.R.E. lessons address such topics as: drug & alcohol use and misuse, consequences of drug & alcohol use, decision making and risk taking, resistance techniques, alternatives to drug

& alcohol use, role modeling and anti-bullying. In addition to helping students resist unwanted pressure, D.A.R.E. contributed to greater respect for police officers, improved study habits and grades, and decreased violence.

**Authorization per Exhibit A:**

G.8. - Fund evidence-based prevention programs in schools or evidence-informed school and community education programs and campaigns for students, families, school employees, school athletic programs, parent-teacher and student associations, and others.

**2) The Struggle Well Program**

**Description:** The Struggle Well experience is described as, "...an intensive and immersive Posttraumatic Growth-based program designed specifically for current and former members of the first responder community. The program ensures that first responders can transform struggle into strength and Posttraumatic Growth. The program is developed and delivered by first responders for first responders, and speaks to the unique challenges, skills, and abilities of this remarkable community." The program would be offered to officers, detectives, crime scene and dispatch wherein they would attend an eight-hour course.

**Cost: \$50,000**

**Re-occurring Cost:** None

**Benefit:** By design this program is intended to teach staff how to focus on the better parts of life and adapt to tough events. The program is designed to provide tools and resources to make staff more resilient in the face of dealing with the trauma of day-to-day life of being a first responder (which includes regular interaction with those with OUD) and improve overall quality of life.

**Authorization per Exhibit A:**

I.2. - Provision of wellness and support services for first responders and others who experience secondary trauma associated with opioid-related emergency events.

**3) Supportive Gap Assistance for Those Seeking, Obtaining, or Transitioning from Treatment**

**Description:** In conjunction with other treatment and/or treatment supporting organizations, program will provide gap funding to ensure comprehensive, wrap-around services to those with Opioid Use Disorder and any co-occurring Substance Use Disorder/Mental Health Conditions. Funding will provide assistance with housing, transportation, childcare, and/or other basic needs and services not provided by other support organizations in order to facilitate treatment for individuals and assist those transitioning from regular inpatient or outpatient treatment to a less intense recovery program.

**Cost: \$20,000**

**Re-occurring Cost:** None required unless it is desired to continue program.

**Benefit:** This program will facilitate the ability of individuals to obtain treatment potentially increasing their quality of life and reducing calls for service and other publicly available (and funded) services.

**Authorization per Exhibit A:**

B.1. – Provide comprehensive wrap-around services to individuals with QUO and any co-occurring SUD/MH conditions, including housing, transportation, education, job placement, job training, or childcare; AND

B.4. - Provide access to housing for people with OUD and any co-occurring SUD/MH conditions, including supportive housing, recovery housing, housing assistance programs, training for housing providers, or recovery housing programs that allow or integrate FDA-approved medication with other support services

**Fire Department**

**4) Substance Use Disorder Reduction Program**

**Background:** Palm Beach County Fire Rescue initiated a pilot program to provide buprenorphine in the field to patients that overdosed on opiates. The program required collaboration with the Palm Beach County Healthcare District's Addiction Stabilization Unit at HCA JFK North Hospital in West Palm Beach. This program was managed by the EMS Division and follow-up was coordinated through the Mobile Integrated Health (MIH) unit. EMS supervisors were trained to administer the drug and overseen through medical direction with the medical director. This program could work for Delray Beach Fire Rescue if the department collaborates with the HCD and its new clinic in Delray Beach which offers a Medication Assisted Treatment (MAT) program.

**Costs:** \$5,000 for Buprenorphine and software updates and installation.

**Recurring costs:** \$3000 per year

**Benefit:** Buprenorphine has been proven to reduce overdose relapses in opiate related incidents through Medication-Assisted Treatment (MAT) along with coordination with intervention. It is increasingly being used across the country by EMS agencies to treat substance use disorder in the field. It can improve patients' quality of life and reduce calls for service.

**Authorization per Exhibit A:**

H.1. - Increase availability and distribution of naloxone and other drugs that treat overdoses for first responders, overdose patients, individuals with QUO and their friends and family members, individuals at high risk of overdose, schools, community navigators and outreach workers, persons being released from jail or prison, or other members of the general public.; AND

## 5) Narcan distribution at City Facilities

**Background:** Cabinet that can hold Nasal Narcan spray cartons. Each carton can hold up to 10 4mg Nasal Narcan packages. Installed by City staff at City Facilities (160 boxes total).

**Cost:** Total \$9,500 for boxes (does not include labor for installation)

**Re-occurring cost:** No cost through South Florida Opioid Alliance for replacement of Nasal Narcan.

**Benefit:** Narcan reverses an opioid overdose. Having Narcan available in locations at the most at-risk, public locations can provide a safer community. These Narcan boxes will be in highly visible public locations.

### Authorization per Exhibit A:

H.1 - Increase availability and distribution of naloxone and other drugs that treat overdoses for first responders, overdose patients, individuals with QUO and their friends and family members, individuals at high risk of overdose, schools, community navigators and outreach workers, persons being released from jail or prison, or other members of the general public; AND

H.2. - 2. Public health entities provide free naloxone to anyone in the community.

## 6) Narcan distribution at Private Businesses

**Background:** Narcan cabinets installed (if desired), Narcan supplied and replenished, and education of business employees, be undertaken in conjunction with the South Florida Opioid Alliance. Program seeks to place Narcan in 100 businesses (start with restaurants/bars) though numbers could increase based on funding remaining after servicing restaurants/bars to maximize the number of businesses participating. This would be a voluntary program for the businesses.

**Cost:** Up to \$50,000

**Re-occurring cost:** No cost through South Florida Opioid Alliance for replacement of Nasal Narcan. \$1,000 per month if it is desired to keep the South Florida Opioid Alliance inspecting boxes, resupplying Narcan, and continuously educating business employees (this recurring expense is not required).

**Benefit:** Program designed to provide Narcan at no cost to the business community. Narcan reverses an opioid overdose. Having Narcan available in business locations can provide a safer community and reduces liability exposure for businesses.

### Authorization per Exhibit A:

H.1 - Increase availability and distribution of naloxone and other drugs that treat overdoses for first responders, overdose patients, individuals with QUO and their friends and family members,

individuals at high risk of overdose, schools, community navigators and outreach workers, persons being released from jail or prison, or other members of the general public; AND

H.2. - Public health entities provide free naloxone to anyone in the community; AND

H.3. - Training and education regarding naloxone and other drugs that treat overdoses for first responders, overdose patients, patients taking opioids, families, schools, community support groups, and other members of the general public.

## 7) IAFF Resiliency Training Program

### Background

Delray Beach Fire Rescue hosted the International Association of Firefighters (IAFF) Resiliency Training program as a result of provider burnout. This training was well received, and many members reported feeling like it helped them. Based on this experience, the department would ask that this experience be brought back to the city for future training to all members.

**Costs:** \$15,000 for three consecutive days of training for all shift personnel on a rotating basis and off-duty personnel on a voluntary basis.

**Benefit:** The program teaches members of the fire-rescue department to cope with stressors encountered during daily operations. This program also stresses resiliency through follow up with professional assistance if needed.

### Authorization per Exhibit A:

I.2. - Provision of wellness and support services for first responders and others who experience secondary trauma associated with opioid-related emergency events.

### TOTAL RECOMMENDED EXPENDITURES:

#### Police Department Recommendations:

1) D.A.R.E. Program Restart	\$ 8,000
2) The Struggle Well Program	\$50,000
3) Supportive Assistance Program	\$20,000
<u>TOTAL FOR POLICE</u>	<u>\$78,000</u>

4) Substance Abuse Disorder Reduction	\$ 5,000
5) Narcan Distribution – City Facilities	\$10,000
6) Narcan Distribution – Businesses	\$50,000
7) <u>IAFF Resiliency Training Program</u>	<u>\$15,000</u>
<u>TOTAL FOR FIRE</u>	<u>\$80,000</u>

### TOTAL RECOMMENDED OPIOID FUND EXPENDITURES

**\$158,000**