WHEREAS, the theme for Family Caregivers Month 2017 is "Caregiving Around the Clock"; and

WHEREAS, Caregiving can be a 24-hours a day/7-day a week job; and

WHEREAS, the average family caregiver is a working mother of school-aged children; and

WHEREAS, up to 70% of the time, the family caregiver, not the patient, manages the medications; and

WHEREAS, six out of ten family caregivers work full or part-time in addition to juggling their caregiving responsibilities at home; and

WHEREAS, ensuring that family caregivers get proper nutrition will help them maintain strength, energy, stamina, and a positive attitude; and

WHEREAS, family caregivers must make sure they take time to rest and recharge; and

WHEREAS, family caregivers must be prepared for emergencies; and

WHEREAS, during Family Caregivers Month, we recognize the challenges family caregivers face when their loved ones need Caregiving Around the Clock.

NOW, THEREFORE, I, Cary D. Glickstein, Mayor of the City of Delray Beach, on behalf of the City Commission, do hereby proclaim November 2017 as Family Caregivers Month with the theme

"TAKE CARE TO GIVE CARE"

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Delray Beach to be affixed this 7th day of November, 2017.

CARY D. GLICKSTEIN MAYOR