



Legislation Text

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TO: Mayor and Commissioners
FROM: Michael Coleman, Director of Community Improvement
THROUGH: Mark R. Lauzier, City Manager
DATE: May 1, 2018

MAY 2018 MENTAL HEALTH AWARENESS AND TRAUMA INFORMED CARE

Recommended Action:

Motion to proclaim May 2018 as Mental Health Awareness and Trauma Informed Care month.

Background:

Since 1949, mental health affiliates across the country have led the observance of May as Mental Health month. Healthier Delray Beach will be joining the national movement for the third year in a row and wishes to proclaim May as Delray Beach Mental Health and Wellness month. The signature event "Get Your Green On" will be held on May 24th and Healthier Delray Beach is encouraging everyone to wear green that day and post pictures on social media to heighten the awareness. May is also "We Heart Small Biz" month and the Office of Economic Development has changed their signature color to green and will be joining forces by not only promoting Delray Beach small businesses, but providing tips on how to handle stress in the workplace.