

RFP No. **P-05-18**  
Buyer: Alex Baker  
(904) 255.8830

ONE TIME LEGAL ADVERTISEMENT TO APPEAR IN THE FINANCIAL  
DAILY NEWS ON **MONDAY, DECEMBER 4, 2017**

PUBLIC NOTICE

The Jacksonville Fire & Rescue Department of the City of Jacksonville, Florida, will require the services of a consultant/firm to provide **Health Screening Physicals for Jacksonville Fire & Rescue Department Personnel/Ancillary Personnel (P-05-18)**. All interested persons can download the RFP @ <http://www2.coj.net/rfp/rfp/rfpdefault.asp> The City of Jacksonville is an Equal Opportunity Employer and encourages expressions of interest for the described services from Jacksonville Small Emerging Businesses (JSEB) Replies **must be delivered to the City of Jacksonville, Procurement Division, Attn: Professional Services Specialist, 214 N. Hogan Street, Suite 105, Jacksonville, FL, 32202. Proposals must be received no later than 2:00 p.m., Wednesday, January 10, 2018.**

Return proof of publication to:  
City of Jacksonville  
Procurement Division  
Attn: Professional Services Specialist  
214 N. Hogan Street, Suite 800  
Jacksonville, FL 32202

# Daily Record

(Published daily except Saturday, Sunday and legal holidays)  
Jacksonville, Duval County, Florida

STATE OF FLORIDA,

S.S.

COUNTY OF DUVAL,

Before the undersigned authority personally appeared Rhonda Fisher, who on oath says that she is the Publisher's Representative of FINANCIAL NEWS and DAILY RECORD, a daily (except Saturday, Sunday and legal holidays) newspaper published at Jacksonville, in Duval County, Florida; that the attached copy of advertisement, being a Public Notice

in the matter of P-05-18

in the Court of Duval County, Florida, was published in said newspaper in the issues of December 4, 2017

Affiant further says that the said FINANCIAL NEWS and DAILY RECORD is a newspaper at Jacksonville, in said Duval County, Florida, and that the said newspaper has heretofore been continuously published in said Duval County, Florida, each day (except Saturday, Sunday and legal holidays) and has been entered as periodicals matter at the post office in Jacksonville, in said Duval County, Florida, for a period of one year next preceding the first publication of the attached copy of advertisement; and affiant further says that she has neither paid nor promised any person, firm or corporation any discount, rebate, commission or refund for the purpose of securing this advertisement for publication in said newspaper.

\*This notice was placed on the newspaper's website and floridapublicnotices.com on the same day the notice appeared in the newspaper.

  
Rhonda Fisher

Sworn to and subscribed before me this 4th day of December, 2017 A.D. by Rhonda Fisher who is personally known to me.

JANET MOHR  
Notary Public, State of Florida  
My Comm. Expires 12/18/2020  
Commission No. GG55826



Seal

Notary Public, State of Florida

# Daily Record

## STATEMENT/RECEIPT

10 N. Newnan Street, P.O. Box 1769, Jacksonville, Florida 32201  
Phone (904) 356-2466

\$37.00

17-09749D

Jacksonville, FL

December 4, 2017

Thirty Seven and No/100

Dollars in full payment for the above publication in the

aforesaid case of: P-05-18

Attn: Professional Services Specialist  
City of Jacksonville, Dept of Procurement  
214 N HOGAN ST, SUITE 800  
JACKSONVILLE FL 32202

Date Paid \_\_\_\_\_

By \_\_\_\_\_

Vendors to be included in the Solicitation Process  
P-05-18 Health Screening Physicals

Patricia Johnson  
Life Scan Wellness Centers  
[JaxLifeScan@aol.com](mailto:JaxLifeScan@aol.com)  
Ph. (813) 876-0625

Wayne Beck  
The Hit Center  
[Wayne.ips@gmail.com](mailto:Wayne.ips@gmail.com)  
Ph. (904) 475-9600

Solantic of Jacksonville LLC. DBA "Carespotexpress"  
Vendor # 00002627  
[Judirevels@solantic.com](mailto:Judirevels@solantic.com)  
Ph. (904) 223-2320

St. Vincent's  
First Care LLC.  
Vendor # 00012303  
[Tracey.nelson@jaxhealth.com](mailto:Tracey.nelson@jaxhealth.com)  
Ph. (904) 786-0440

**Members:**

Life Scan Wellness Centers - Patricia Johnson

jaxlifescan@aol.com

Solantic of Jacksonville LLC DBA Carespotexpress

judirevels@solantic.com

St. Vincent's First Care LLC

tracey.nelson@jaxhealth.com

The Hit Center - Wayne Beck

wayne.ips@gmail.com

**P-05-18 Health Screening Physicals for JFRD Personnel/Ancillary Personnel**

**DATE:**

**COMPANY NAME & ADDRESS**

12/12/2017	CONCENTRA -ATTN: MEGAN HART 678-576-5152 1459 CROMERS BRIDGE RD, ROYSTON, GA 30662 <a href="mailto:MELHART@CONCENTRA.COM">MELHART@CONCENTRA.COM</a>
12/12/2017	LIFE SCAN -ATTN: PATRICIA JOHNSON 813-876-0625 1011 N MACDILL AVE. TAMPA, FL 33607 <a href="mailto:PATRICIA.JOHNSON@LIFESCANWELLNESS.COM">PATRICIA.JOHNSON@LIFESCANWELLNESS.COM</a>

# Proposal Receipt Form

Announcer [Signature]

Recorder John R. Thiel

PROJECT: P- 5 - 2018  
Health Screening Physicals for JFRD  
Personnel/Ancillary Personnel

F&R /

No. of Firms Responding to RFP \_\_\_\_\_

1-orig.  
3-copies  
1-orig.  
3-copies

Injury Prevention Specialists

6-USB 1

Life Scan Wellness Center

6-USB  
4-Financials

IMPORTANT: The Subcommittee Report (Shortlist) for this project is scheduled to go before PSEC on or before \_\_\_\_\_, and Fee & Contract Negotiation Report is scheduled to go before PSEC on or before \_\_\_\_\_

Receipt of Proposals Acknowledged By:

[Signature]

DATE:

7/11/2018

ALL EVALUATORS ARE REQUIRED TO SCORE IN ACCORDANCE WITH THE SCORING CRITERIAL OUTLINED IN THE RFP. ALL EVALUATORS ARE REQUIRED TO SCORE INDEPENDENTLY. COMMUNICATION BETWEEN EVALUATORS AND WITH RESPONDENTS DURING THE EVALUATION PERIOD IS STRICTLY PROHIBITED.

Receipt of CD of Proposals Acknowledged By:

[Signature]  
PSEC Chairman  
for [Signature]

[Signature]  
Equal Business Opportunity Office

Treasury

Office of General Counsel

Revised May, 2014

**Baker, Alex**

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**Contact Group Name:** P-05-18 HSP



# City of Jacksonville, Florida

*Lenny Curry, Mayor*

Procurement Division  
Ed Ball Building  
214 N. Hogan Street, Suite 800  
Jacksonville, Florida 32202

ONE CITY. ONE JACKSONVILLE.

January 25, 2018

The Honorable Lenny Curry, Mayor  
City of Jacksonville  
4<sup>th</sup> Floor, St. James Building  
Jacksonville, FL 32202

Dear Mayor Curry:

**Ref: P-05-18 Health Screening Physicals for JFRD Personnel/Ancillary Personnel**  
Department of Jacksonville Fire & Rescue

The Professional Services Evaluation Committee met today in Conference Room 851 on the eighth floor of the Ed Ball Building, to conclude the evaluation of various firms regarding the above-referenced project.

Recording of the deliberations of the committee meeting are available in the Office of the Chief of the Procurement Division.

It is the consensus of the committee that the two (2) proposals received in response to the Request for Proposal (RFP), were both found to be responsive, interested, qualified, and available to perform the services required by the RFP. The ranking of first and second designates the order of qualification of these firms to perform the required services and alphabetically they are:

- 2) Injury Prevention Specialist
- 1) Life Scan Wellness Center

If the above meets your approval, please notify the undersigned so that fee and contract negotiations may begin with Life Scan Wellness Center, the number one ranked firm.

Respectfully submitted,

  
Gregory Pease, Chief  
Procurement Division  
Chairman, Professional Services  
Evaluation Committee

APPROVED:

  
Lenny Curry, Mayor

This 5 day of February, 2017

GP: ab

cc: Council Auditor  
Jeff Close, OGC  
Melba Gray GAD  
Subcommittee Members



# FIRE AND RESCUE DEPARTMENT



01/24/18 09:17:54  
Procurement Division

## MEMORANDUM

January 19, 2018

**TO:** Greg Pease, Chairman  
Professional Services Evaluation Committee (PSEC)

**FROM:** Gail Loput, Chief of Training *G. Loput*  
Tracy Hooten, Captain- Health & Safety Officer *TH*

**RE:** P-05-18 Health Screening Physicals for Jacksonville Fire &  
Rescue Department Personnel/Ancillary Personnel  
Subcommittee Report

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The subcommittee received two (2) proposals for the Health Screening Physicals for Jacksonville Fire & Rescue Department Personnel/Ancillary Personnel and found both to be responsive, interested, qualified and available to provide the services required by the Request for Proposal (RFP). The proposals were evaluated using the selection criteria outlined in the Purchasing Code and augmented by the RFP (see attached matrix and proposed rate forms from the proposers.)

Based on the above, the following firms listed alphabetically were determined to be the most qualified of those submitting proposals. The ranking of first, and second, designates the order of qualifications of these firms to perform the required services:

- 2) Injury Prevention Specialist
- 1) LifeScan Wellness Center

Please advise us when this item is placed on your agenda so we may be present. After a full committee review we request these rankings be forwarded to the Mayor's office for final review and confirmation.

Attachment(s) Scoring Matrix  
Cost Sheets (for each company proposing)



**PROJECT TITLE: Screening**

[illegible]

**PROJECT NO. P-05-18**

## QUALIFIED

**EXTREMELY QUALIFIED**

PROJECT TITLE: Health Screening Physicals for JFRD Personnel/Ancillary Personnel

[illegible]

PROJECT NO. P-05-18

**QUALIFIED**

**EXTREMELY QUALIFIED**

PROJECT TITLE: Health Screening Physicals for JFRD Personnel/Ancillary Personnel

[illegible]



# City of Jacksonville, Florida

*Lenny Curry, Mayor*

Procurement Division  
Ed Ball Building  
214 N. Hogan Street, Suite 800  
Jacksonville, Florida 32202

ONE CITY. ONE JACKSONVILLE.

February 8, 2018

The Honorable Lenny Curry, Mayor  
City of Jacksonville  
4<sup>th</sup> Floor, St. James Building  
Jacksonville, FL 32202

Dear Mayor Curry:

**Ref: P-05-18 Health Screening Physicals for JFRD Personnel/Ancillary Personnel**  
Jacksonville Fire & Rescue Department

The Professional Services Evaluation Committee met today in Board Room 851 on the eighth floor of the Ed Ball Building, for the purpose of concluding fee and contract negotiations with the number one ranked company/firm for the above-captioned project.

The following motion/recommendation was adopted:

That the City of Jacksonville enter into a contract with Life Extension Clinics, Inc., d/b/a LifeScan Wellness Center to provide Health Screening Physicals for JFRD Personnel/Ancillary Personnel to: (i) incorporate the attached Scope of Services identified as Exhibit 'A' and Contract Fee Summary identified as Exhibit 'B'; (ii) the initial period of service is for one year from date of execution of the contract with three (3) one-year renewal options available; and (iii) the maximum indebtedness of the City pursuant to this agreement is a not-to-exceed amount of \$500,000.00. All other terms and conditions are per the RFP and the city's standard contract language.

If the foregoing meets your approval, we respectfully request your signature and return to my office.

Respectfully submitted,

  
Gregory Pease, Chief  
Procurement Division  
Chairman, Professional Services  
Evaluation Committee

APPROVED:

  
Lenny Curry, Mayor

This 10<sup>th</sup> day of February, 2018

GP: ab

cc: Council Auditor  
Jeff Close OGC  
Melba Gray, GAD  
Subcommittee Members

Sam E. Mousa  
Chief Administrative Officer  
For: Mayor Lenny Curry  
Under Authority of:  
Executive Order No. 2015-05

ENTERED

# FIRE AND RESCUE DEPARTMENT



## MEMORANDUM

02/06/18 09:04:01  
Procurement Division

**Date:** February 5, 2018

**To:** Gregory Pease, Chairman  
Professional Services Evaluation Committee

**From:** Gail Loput, Chief of Training Academy *G. Loput*  
Fire & Rescue Department

**Subject:** Review of RFP Submittals for P-05-18 Health Screening Physicals for Jacksonville Fire & Rescue Department

The Jacksonville Fire & Rescue Department has negotiated with the number one consultant that submitted a proposal and was selected to provide the Health Screening Physicals for Jacksonville Fire & Rescue Department (JFRD) Personnel/Ancillary Personnel resulting in the attached Scope of Services (section 4) and the Fee Schedule.

Accordingly, this is to recommend the City of Jacksonville enter into a contract with Life Extension Clinics, Inc dba LifeScan Wellness Center, to provide the Health Screen Physicals for JFRD Personnel/Ancillary Personnel that incorporates the attached Scope of Service, and the Fee Schedule. The initial contract period will be for one year from date of execution of contract with three (3) one-year renewals at terms mutually agreeable. The total maximum indebtedness is not-to-exceed amount of \$500,000. All other terms and conditions of the Contract are per the City's standard contract language and as provided in the Request for Proposal (RFP).

Attachments: Scope of Services (Section 4)  
Fee Schedule (#9)

GL/cd



**Section 4**  
**Description of Services and Deliverables**

The individual/firm selected for this work will carry out the following tasks and provide the following:

- A. Comprehensive Physical Examination  
Per (NFPA 1500 & 1582)
  - 1. ACSM/AHA Health History Questionnaire or PAR-Q
  - 2. Prostate Exam for Men
  - 3. Pelvic Exam for Women
  - 4. Breast Exam for Women
  - 5. Skin Cancer Screening
- B. Cardiac Assessment
  - 1. Echocardiogram
  - 2. Resting EKG
  - 3. Cardiac Stress Test (Per ACSM Guidelines, Females over 50, Males over 40, Asymptomatic patients with 2 or more cardiovascular disease risk factors, or a concurrent chronic disease that carries a high risk for cardiovascular disease).
  - 4. Carotid Artery Ultrasound
  - 5. Abdominal Aorta Ultrasound
  - 6. Peripheral Vascular Test
  - 7. Total lipid Profile
- C. Cancer and Disease Assessment
  - 1. Digital Exam with occult screening
  - 2. PSA for Men (for age 45+)
  - 3. Thyroid Ultrasound
  - 4. Liver, Pancreas, Gall Bladder, Spleen, and Kidney Ultrasound
  - 5. Pelvic Ultrasound for Women
  - 5. 6Diabetes Test (Glucose)
  - 6. Chest x-ray
  - 7. PAP Smear
- D. Pulmonary Function Test
- E. Lab Test
  - 1. Urinalysis
  - 2. Complete Blood Count
  - 3. Comprehensive Metabolic Panel
  - 4. Thyroid Panel
  - 5. Hem cult

*Exhibit 'A'*

6. Urine Drug Screen [ Ten (10) panel DOT drug screen with conformation of results sent to the Health and Safety Officer]
7. HAZ-MAT testing for members of the HAZ-MAT Team Per OSHA 29 CFR 1910.120 and NFPA 472. Additional testing will be done on an as needed basis.
8. Hepatitis A, B & C testing
9. Immunizations for Hep A & B & boosters
10. Hep A&B Titers when needed
11. HIV Testing

F. Visual Acuity Test

- G. Hearing Exam (Audiometric exam per NFPA 1582)
- H. Personnel Consultation with review of testing results
- I. Recommendations for medical interventions and behavioral Modification changes
- J. Fitness Assessment

1. Cardiovascular Endurance
2. Muscular Strength
3. Muscular Endurance
4. Flexibility
5. Body Composition
6. Exercise Prescription
7. Functional Movement Screening (FMS)

- K. To provide The Fire and Rescue Department with summary Information, of its Fire / Rescue personnel suitability for Fire Rescue & EMS work. The firm selected would recommend programs and training to reduce the chance of injury and illness. The firm selected would provide monthly and annual summaries of results of the testing and training administered to the Fire and Rescue personnel. The Fire Department will provide the Scheduling of its personnel.
- L. The testing will be conducted onsite at a location within Duval County, Jacksonville, FL approved by the Director Fire Chief or his/her designee.
- M. The firm selected will provide all data requested relating to the employees annual physical.

1. The results of the exam will be provided for the Employee to follow up with their Primary Care Physician.

- N. Develop computerized data reports and or electronic copies of the results and forward the same to the Health and Safety Officer. The format must be compatible with the JFRD database. The information will be sent to the Health and Safety Officer on a weekly basis.

- O. The patient file should be provided to Jacksonville Fire



Rescue as data on a CD or DVD. Other electronic media or methods will be considered depending on the file size. A file nomenclature must be provided indicating the data types and lengths of the various fields in the nomenclature.

- P. The following formats are acceptable:
1. text file
  2. Microsoft Excel, xls
  3. Microsoft Access, mdb
  4. Microsoft SQL Server bak.
- Q. No proprietary database formats other than the aforementioned are acceptable to include SCANNED RECORDS.
1. A text file must meet the following requirements:
  2. A fixed field width must be provided for each column.
  3. A carriage return {CR} and a line feed {LF} should be used for the row delimiter.
  4. Other delimiters may be used, but must have prior approval from JFRD.
- R. Staffing  
The firm selected will provide staffing to meet the scheduling of Fire Rescue personnel.
- S. Physicals that reveal abnormal results will be reviewed with the patient/employee by a physician, PA, NP who is board certified in emergency medicine, internal medicine, or family practice. The following conditions are considered serious and the employee/patient advised to follow up with their primary care physician and/or specialty physician. Physicals resulting in failure of the PFT portion of the exam should be reported immediately to the Health & Safety Officer:
1. Abnormal EKG and other related cardiac abnormalities
  2. New onset of Hypertension or uncontrolled Hypertension
  3. Diabetes
  4. Asthma
  5. Failure of the PFT
  6. Any significant abnormal lab values
  7. Any condition that may show cause for a Fit-For-Duty
  8. Any condition that does not meet the current standards of NFPA 1582
- T. Final Evaluation will be reviewed and signed by a physician who is board certified in Emergency Medicine, Internal Medicine or Family Practice. This certification must be provided before any contract is awarded.

-----  
(End of Section 4 - Remainder of page intentionally left blank)

**9. Quotation of Rates, Fees, or Charges and Other Detailed Cost Proposal or Cost Breakdown Information**

<b>Life Scan Wellness Centers</b>	
<b>Comprehensive Physical Exam Per RFP P-41-13</b>	<b>\$ 395.00</b>
<b><i>Hands-on Physical Exam (NFPA 1582 Compliant)</i></b>	included
Health History Questionnaire or PAR-Q	included
Mental Health and Sleep Disorder Assessments	included
Vision (Titmus)	included
Audiometry	included
Skin cancer assessment	included
Breast Exam for Women	included
Personal Consultation with review of testing results	included
<b><i>Cardio Pulmonary Assessments</i></b>	
Echocardiogram (Heart Ultrasound)	included
Resting EKG	included
Treadmill Stress Test with EKG, Bruce Protocol	included
Carotid Arteries Ultrasound	included
Aortic Aneurysm Ultrasound	included
Pulmonary Function Test, Spirometry	included
<b><i>Cancer and Disease Assessments</i></b>	
Digital Rectal with colon cancer screening (Hemoccult)	included
Thyroid Ultrasound	included
Liver, Pancreas, Gall Bladder, Spleen, & Kidney Ultrasounds	included
Bladder Ultrasound	included
Pelvic Exam with Ultrasound for Women (external, Ovaries and Uterus)	included
Testicular Ultrasound for Men	included
Prostate Ultrasound for Men	Included
<b><i>Blood and Laboratory Tests</i></b>	
Urinalysis	included
Lipid Panel	included
Diabetes Tests (Hemoglobin A1C and Glucose)	included
Complete Blood Count	included
Comprehensive Metabolic Panel	included
TSH Thyroid Test	included
PSA (men)	included
CA-125 (women)	included
<b><i>Fitness Assessments (NFPA 1583/WFI Guidelines)</i></b>	
Cardiovascular Endurance VO2 Max Calculation	included
Body Composition Analysis	included
Muscular Strength and Muscular Endurance	included
Flexibility Testing	included
Nutrition and Diet Recommendations	included
Exercise Prescription	included
<b><i>Medical Clearances</i></b>	
OSHA Respirator Medical Clearance	included
NFPA 1582 Firefighter Medical Clearance	included
<b>TOTAL FLAT RATE</b>	<b>\$395.00</b>

Exhibit B

<b>Additional Tests Requested by RFP P-05-18</b>	
Chest X-Ray with Radiologist review	65.00
Cholinestrase and Heavy Metals (Hazmat Tests)	127.00
Hepatitis A Test	55.00
Hepatitis B Test	55.00
Hepatitis C Test	55.00
Hepatitis A Titer	30.00
Hepatitis B Titer	30.00
Hepatitis A Vaccine (2 shot series)	65.00 EACH
Hepatitis B Vaccine (3 shot series)	65.00 EACH
Urine Drug (10 Panel)	35.00
Drug Rescreen with Confirmation	50.00
Medical Review Officer (MRO) as indicated	100.00
HIV Test	40.00
PAP Smear	45.00
<b>OTHER TESTS AVAILABLE</b>	
ABO Blood Type	22.00
OSHA Respirator Mask Fit Testing (Portacount)	45.00
Lumbar X-Ray with Radiologist review	65.00
Tetnus/DP	40.00
Nicotine/Cotinine Screening	65.00
Post Offer Police and Firefighter Examinations	TBD based on testing requirements
Quantiferon Gold (TB Blood Test)	65.00
Testosterone Blood Test	21.00
Cardiac Calcification Scoring with CT	TBD by Market Price
CTA, Coronary Arteries with Lung CT	TBD by Market Price

**LOCATION Options:**

1. Life Scan has a private, **PUBLIC SAFETY ONLY** Wellness Center that is located at  
4130 Salisbury Road, Suite 2400  
Jacksonville, FL 32216
2. On--site services for blood draws and/or physicals at location(s) provided by JFRD.

Exhibit B

8158-08

**CONTRACT  
BETWEEN  
CITY OF JACKSONVILLE  
AND  
LIFE EXTENSION CLINICS, INC.  
FOR  
HEALTH SCREENING PHYSICALS  
JFRD PERSONNEL/ANCILLARY PERSONNEL**

**THIS CONTRACT** for health screening physicals for JFRD personnel and ancillary personnel is made and entered into this 2 day of March, 2018 (the "Effective Date"), by and between the CITY OF JACKSONVILLE, a municipal corporation existing under the Constitution and the laws of the State of Florida (the "City"), and LIFE EXTENSION CLINICS, INC. d/b/a LIFESCAN WELLNESS CENTER, a Florida profit corporation with its principal office at 1011 North Macdill Avenue, Tampa, Florida 33607 (the "Contractor").

**WHEREAS**, City issued Request for Proposal No. P-05-18 (the "RFP") for certain professional services described in the RFP (the "Services"); and

**WHEREAS**, based on Contractor's response to the RFP, City has negotiated and awarded this Contract to Contractor; now therefore

**IN CONSIDERATION** of the premises and the mutual covenants contained below and for other good and valuable consideration acknowledged by the parties to be sufficient, the parties agree as follows:

1. **Performance of Services.** Contractor shall perform the Services as described in and according to (i) the RFP and the Response, each of which is incorporated into and made a part of this Contract, and (ii) the Scope of Services, attached hereto as **Exhibit A** and incorporated herein by this reference.

2. **Compensation.** Contractor shall be paid for the Services the fees detailed in the Contract Fee Summary, attached hereto as **Exhibit B** and incorporated herein by this reference.

3. **Maximum Indebtedness.** As required by Section 106.431, *Ordinance Code*, City's maximum indebtedness for the Services under this Contract for the initial period of service shall be a fixed monetary amount not-to-exceed FIVE HUNDRED THOUSAND AND 00/100 DOLLARS (\$500,000.00).

4. **Term.** The period of service of this Contract shall commence on the date of its execution and continue for one year through March 1, 2019, with three (3) one-year renewal options.

5. **Contract Documents.** This Contract consists of the following documents, which are hereby incorporated as if fully set forth herein and which, in case of conflict, shall have priority in the order listed:

- (i) This document, as modified by any subsequent signed amendments.
- (ii) Any amendments to this document.
- (iii) Specific information regarding the RFP (Section 1 of the RFP).
- (iv) Description of Services and Deliverables (Section 4 of the RFP).
- (v) General Instructions to Respondents (Section 2 of the RFP).
- (vi) General Contract Conditions (Section 3 of the RFP).
- (vii) The Response, provided that any terms in the Response that are prohibited under the RFP shall not be included in this Contract.

6. **Notice.** All notices under this Agreement shall be in writing and shall be delivered by certified mail, return receipt requested, or by other delivery with receipt to the following:

As to City:

Gail Loput  
Jacksonville Fire & Rescue Department  
515 Julia Street  
Jacksonville, Florida 32202

As to Contractor:

Patricia Johnson  
Life Extension Clinics, Inc.  
1011 North MacDill Avenue  
Tampa, Florida 33607

7. **Contract Managers.** Each party shall designate a Contract Manager during the Term of this Contract whose responsibility shall be to oversee the party's performance of its duties and obligations pursuant to this Contract. As of the Effective Date, City's Contract Manager is Gail Loput (Phone: 904.997.4947; Fax: 904.630.4202; [glopud@coj.net](mailto:glopud@coj.net)), and Contractor's Contract Manager is Patricia Johnson (Phone: 813.876.0625; Fax: 813.876.0653;

Patricia.Johnson@lifescanwellness.com). Each party shall provide prompt written notice to the other party of any changes to the party's Contract Manager or his or her contact information; provided, such changes shall not be deemed Contract amendments and may be provided by email.

8. **Entire Agreement.** This Contract constitutes the entire agreement between the parties hereto for the Services to be performed and furnished by Contractor. No statement, representation, writing, understanding, agreement, course of action, or course of conduct made by either party or any representative of either party which is not expressed herein shall be binding. Contractor may not unilaterally modify the terms of this Contract by affixing additional terms to materials delivered to City (e.g., "shrink wrap" terms accompanying or affixed to a deliverable) or by including such terms on a purchase order or payment document. Contractor acknowledges that it is entering into this Contract for its own purposes and not for the benefit of any third party.

9. **Amendments.** All changes to, additions to, modifications of, or amendments to this Contract or any of its terms, provisions, and conditions shall be binding only when in writing and signed by the authorized officer, agent, or representative of each of the parties hereto.


10. **Counterparts.** This Contract and all amendments hereto may be executed in several counterparts, each of which shall be deemed an original, and all such counterparts together shall constitute one and the same instrument.

**[Remainder of page left blank intentionally. Signature page follows immediately.]**

IN WITNESS WHEREOF, the parties have executed this Contract as of the day and year first above written.

**ATTEST:**

By James R. McCain, Jr.  
James R. McCain, Jr.  
Corporation Secretary



**WITNESS:**

By [Signature]  
Signature  
Michael Terrang  
Type/Print Name  
CFO  
Title

**CITY OF JACKSONVILLE**

By [Signature]  
Lenny Curry  
Mayor  
Sally L. Mousa  
Chief Administrative Officer  
For: Mayor Lenny Curry  
Under Authority of:  
Executive Order No. 2015-05

**LIFE EXTENSION CLINICS, INC.**  
**d/b/a LIFESCAN WELLNESS CENTER**

By [Signature]  
Signature  
Patricia Johnson  
Type/Print Name  
CEO  
Title

Encumbrance and funding information for internal City use:

Account.....

Amount.....\$500,000.00

This above stated amount is the maximum fixed monetary amount of the foregoing contract.

In accordance with Section 24.103(e), of the Ordinance Code of the City of Jacksonville, I do hereby certify that there is an unexpended, unencumbered, and unimpounded balance in the appropriation sufficient to cover the foregoing agreement.

  
\_\_\_\_\_  
Director of Finance

City Contract # 8158-08

Form Approve:

  
\_\_\_\_\_  
Office of General Counsel



# EXHIBIT "A"

## Section 4 Description of Services and Deliverables

The individual/firm selected for this work will carry out the following tasks and provide the following:

**A. Comprehensive Physical Examination**  
Per (NFPA 1500 & 1582)

1. ACSM/AHA Health History Questionnaire or PAR-Q
2. Prostate Exam for Men
3. Pelvic Exam for Women
4. Breast Exam for Women
5. Skin Cancer Screening

**B. Cardiac Assessment**

1. Echocardiogram
2. Resting EKG
3. Cardiac Stress Test (Per ACSM Guidelines, Females over 50, Males over 40, Asymptomatic patients with 2 or more cardiovascular disease risk factors, or a concurrent chronic disease that carries a high risk for cardiovascular disease).
4. Carotid Artery Ultrasound
5. Abdominal Aorta Ultrasound
6. Peripheral Vascular Test
7. Total lipid Profile

**C. Cancer and Disease Assessment**

1. Digital Exam with occult screening
2. PSA for Men (for age 45+)
3. Thyroid Ultrasound
4. Liver, Pancreas, Gall Bladder, Spleen, and Kidney Ultrasound
5. Pelvic Ultrasound for Women
5. 6Diabetes Test (Glucose)
6. Chest x-ray
7. PAP Smear

**D. Pulmonary Function Test**

**E. Lab Test**

1. Urinalysis
2. Complete Blood Count
3. Comprehensive Metabolic Panel
4. Thyroid Panel
5. Hem cult

Exhibit 'A'

## EXHIBIT "A"

6. Urine Drug Screen [ Ten (10) panel DOT drug screen with conformation of results sent to the Health and Safety Officer]
  7. HAZ-MAT testing for members of the HAZ-MAT Team Per OSHA 29 CFR 1910.120 and NFPA 472. Additional testing will be done on an as needed basis.
  8. Hepatitis A, B & C testing
  9. Immunizations for Hep A & B & boosters
  10. Hep A&B Titers when needed
  11. HIV Testing
- F. Visual Acuity Test
- G. Hearing Exam (Audiometric exam per NFPA 1582)
- H. Personnel Consultation with review of testing results
- I. Recommendations for medical interventions and behavioral Modification changes
- J. Fitness Assessment
1. Cardiovascular Endurance
  2. Muscular Strength
  3. Muscular Endurance
  4. Flexibility
  5. Body Composition
  6. Exercise Prescription
  7. Functional Movement Screening (FMS)
- K. To provide The Fire and Rescue Department with summary Information, of its Fire / Rescue personnel suitability for Fire Rescue & EMS work. The firm selected would recommend programs and training to reduce the chance of injury and illness. The firm selected would provide monthly and annual summaries of results of the testing and training administered to the Fire and Rescue personnel. The Fire Department will provide the Scheduling of its personnel.
- L. The testing will be conducted onsite at a location within Duval County, Jacksonville, FL approved by the Director Fire Chief or his/her designee.
- M. The firm selected will provide all data requested relating to the employees annual physical.
1. The results of the exam will be provided for the Employee to follow up with their Primary Care Physician.
- N. Develop computerized data reports and or electronic copies of the results and forward the same to the Health and Safety Officer. The format must be compatible with the JFRD database. The information will be sent to the Health and Safety Officer on a weekly basis.
- O. The patient file should be provided to Jacksonville Fire

Exhibit 'A'

EXHIBIT "A"

**Rescue as data on a CD or DVD** Other electronic media or methods will be considered depending on the file size. A file nomenclature must be provided indicating the data types and lengths of the various fields in the nomenclature.

- P. The following formats are acceptable:
1. text file
  2. Microsoft Excel, xls
  3. Microsoft Access, mdb
  4. Microsoft SQL Server bak.
- Q. No proprietary database formats other than the aforementioned are acceptable to include **SCANNED RECORDS**.
1. A text file must meet the following requirements:
  2. A fixed field width must be provided for each column.
  3. A carriage return (CR) and a line feed (LF) should be used for the row delimiter.
  4. Other delimiters may be used, but must have prior approval from JFRD.
- R. **Staffing**  
The firm selected will provide staffing to meet the scheduling of Fire Rescue personnel.
- S. Physicals that reveal abnormal results will be reviewed with the patient/employee by a physician, PA, NP who is board certified in emergency medicine, internal medicine, or family practice. The following conditions are considered serious and the employee/patient advised to follow up with their primary care physician and/or specialty physician. Physicals resulting in failure of the PFT portion of the exam should be reported immediately to the Health & Safety Officer:
1. Abnormal EKG and other related cardiac abnormalities
  2. New onset of Hypertension or uncontrolled Hypertension
  3. Diabetes
  4. Asthma
  5. Failure of the PFT
  6. Any significant abnormal lab values
  7. Any condition that may show cause for a Fit-For-Duty
  8. Any condition that does not meet the current standards of NFPA 1582
- T. Final Evaluation will be reviewed and signed by a physician who is board certified in Emergency Medicine, Internal Medicine or Family Practice. This certification must be provided before any contract is awarded.

(End of Section 4 - Remainder of page intentionally left blank)

# EXHIBIT "B"

## 9. Quotation of Rates, Fees, or Charges and Other Detailed Cost Proposal or Cost Breakdown Information

<b>Life Scan Wellness Centers</b>	
<b>Comprehensive Physical Exam Per RFP P-41-13</b>	<b>\$ 395.00</b>
<b>Hands-on Physical Exam (NFPA 1582 Compliant))</b>	Included
<b>Health History Questionnaire or PAR-Q</b>	Included
<b>Mental Health and Sleep Disorder Assessments</b>	Included
<b>Vision (Titmus)</b>	Included
<b>Audiometry</b>	Included
<b>Skin cancer assessment</b>	Included
<b>Breast Exam for Women</b>	Included
<b>Personal Consultation with review of testing results</b>	Included
<b>Cardio Pulmonary Assessments</b>	
<b>Echocardiogram (Heart Ultrasound)</b>	Included
<b>Resting EKG</b>	Included
<b>Treadmill Stress Test with EKG, Bfice Protocol</b>	Included
<b>Carotid Arteries Ultrasound</b>	Included
<b>Aortic Aneurysm Ultrasound</b>	Included
<b>Pulmonary Function Test, Spirometry</b>	Included
<b>Cancer and Disease Assessments</b>	
<b>Digital Rectal with colon cancer screening (Hemoccult)</b>	Included
<b>Thyroid Ultrasound</b>	Included
<b>Liver, Pancreas, Gall Bladder, Spleen, &amp; Kidney Ultrasounds</b>	Included
<b>Bladder Ultrasound</b>	Included
<b>Pelvic Exam with Ultrasound for Women (external, Ovaries and Uterus)</b>	Included
<b>Testicular Ultrasound for Men</b>	Included
<b>Prostate Ultrasound for Men</b>	Included
<b>Blood and Laboratory Tests</b>	
<b>Urinalysis</b>	Included
<b>Ucid Panel</b>	Included
<b>Diabetes Tests (Hemoglobin A1C and Glucose)</b>	Included
<b>Complete Blood Count</b>	Included
<b>Comprehensive Metabolic Panel</b>	Included
<b>TSH Thyroid Test</b>	Included
<b>PSA (men)</b>	Included
<b>CA-125 (women)</b>	Included
<b>Fitness Assessments (NFPA 1583/WFI Guidelines)</b>	
<b>Cardiovascular Endurance VO2 Max Calculation</b>	Included
<b>Body Composition Analysis</b>	Included
<b>Muscular Strength and Muscular Endurance</b>	Included
<b>Flexibility Testing</b>	Included
<b>Nutrition and Diet Recommendations</b>	Included
<b>Exercise Prescription</b>	Included
<b>Medical Clearances</b>	
<b>OSHA Respirator Medical Clearance</b>	Included
<b>NFPA 1582 Firefighter Medical Clearance</b>	Included
<b>TOTAL FLAT RATE</b>	<b>\$395.00</b>

Exhibit

## EXHIBIT "B"

<b>Additional Tests Requested by RFP P-05-18</b>	
Chest X-Ray with Radiologist review	65.00
Cholinestrase and Heavy Metals (Hazmat Tests)	127.00
Hepatitis A Test	55.00
Hepatitis B Test	55.00
Hepatitis C Test	65.00
Hepatitis A Titer	30.00
Hepatitis B Titer	30.00
Hepatitis A Vaccine (2 shot series)	65.00 EACH
Hepatitis B Vaccine (3 shot series)	65.00 EACH
Urine Drug (10 Panel)	35.00
Drug Rescreen with Confirmation	50.00
Medical Review Officer (MRO) as Indicated	100.00
HIV Test	40.00
PAP Smear	45.00
<b>OTHER TESTS AVAILABLE</b>	
ABO Blood Type	22.00
OSHA Respirator Mask Fit Testing (Portacount)	45.00
Lumbar X-Ray with Radiologist review	65.00
Tetnus/DP	40.00
Nicotine/Cotinine Screening	65.00
Post Offer Police and Firefighter Examinations	TBD based on testing requirements
Quantiferon Gold (TB Blood Test)	65.00
Testosterone Blood Test	21.00
Cardiac Calcification Scoring with CT	TBD by Market Price
CTA, Coronary Arteries with Lung CT	TBD by Market Price

**LOCATION Options:**

1. Life Scan has a private, **PUBLIC SAFETY ONLY** Wellness Center that is located at  
4130 Salisbury Road, Suite 2400  
Jacksonville, FL 32216
2. On-site services for blood draws and/or physicals at location(s) provided by JFRD.

EXHIBIT 'B'



# City of Jacksonville, Florida

*Lenny Curry, Mayor*

Procurement Division  
Ed Ball Building  
214 N. Hogan Street, Suite 800  
Jacksonville, Florida 32202

ONE CITY. ONE JACKSONVILLE.

February 8, 2018

The Honorable Lenny Curry, Mayor  
City of Jacksonville  
4<sup>th</sup> Floor, St. James Building  
Jacksonville, FL 32202

180243

Dear Mayor Curry:

Ref: P-05-18 Health Screening Physicals for JFRD Personnel/Ancillary Personnel  
Jacksonville Fire & Rescue Department

The Professional Services Evaluation Committee met today in Board Room 851 on the eighth floor of the Ed Ball Building, for the purpose of concluding fee and contract negotiations with the number one ranked company/firm for the above-captioned project.

The following motion/recommendation was adopted:

That the City of Jacksonville enter into a contract with Life Extension Clinics, Inc., d/b/a LifeScan Wellness Center to provide Health Screening Physicals for JFRD Personnel/Ancillary Personnel to: (i) incorporate the attached Scope of Services identified as Exhibit 'A' and Contract Fee Summary identified as Exhibit 'B'; (ii) the initial period of service is for one year from date of execution of the contract with three (3) one-year renewal options available; and (iii) the maximum indebtedness of the City pursuant to this agreement is a not-to-exceed amount of \$500,000.00. All other terms and conditions are per the RFP and the city's standard contract language.

If the foregoing meets your approval, we respectfully request your signature and return to my office.

Respectfully submitted,

*Gregory Pease*  
Gregory Pease, Chief  
Procurement Division  
Chairman, Professional Services  
Evaluation Committee

APPROVED:

*Lenny Curry*  
Lenny Curry, Mayor

This 10<sup>th</sup> day of February 2018

GP:ad

cc: Council Auditor  
Jeff Davis OGC  
Marta Gray, CAD  
Subcommittee Members

Sam E. Mousa  
Chief Administrative Officer  
For: Mayor Lenny Curry  
Under Authority of:  
Executive Order No. 2015-05