



## Cover Memorandum/Staff Report

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**File #:** 20-087

**Agenda Date:** 2/11/2020

**Item #:** 6.F.3.

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**TO:** Mayor and Commissioners  
**FROM:** Katerri Johnson, City Clerk  
**THROUGH:** George Gretsas, City Manager  
**DATE:** February 11, 2020

EATING DISORDERS AWARENESS WEEK - FEBRUARY 24, 2020 - MARCH 1, 2020

**Recommended Action:**

Motion to Proclaim February 24, 2020 - March 1, 2020 as Eating Disorders Awareness Week.

**Background:**

Alliance for Eating Disorders Awareness ("The Alliance") is a nonprofit\* organization dedicated to providing programs and activities aimed at outreach, education, and early intervention for all eating disorders. Founded in October 2000, "The Alliance" has worked tirelessly to raise awareness, eliminate secrecy and stigma, promote access to care and support for those susceptible to, currently struggling with, and recovered from eating disorders. "The Alliance" creates a bridge for those needing and seeking help by connecting people with resources and information to assist them in their recovery.

"The Alliance" offers educational workshops and presentations, free support groups for those struggling and for their loved ones, advocacy for eating disorders and mental health legislation, national toll-free phone help line, and referrals, support and mentoring services. All services offered by "The Alliance" are free-of-charge, therefore, making it accessible to everyone. Since its inception in October 2000, "The Alliance" has offered presentations on eating disorders, positive body image, and self-esteem to more than 250,000 individuals throughout Florida and nationwide.