



## Legislation Text

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**TO:** Mayor and Commissioners  
**FROM:** Katerri Johnson, City Clerk's Office  
**THROUGH:** Mark R. Lauzier, City Manager  
**DATE:** February 12, 2019

### EATING DISORDERS AWARENESS WEEK PROCLAMATION

#### **Recommended Action:**

Motion to Proclaim February 25, 2019 - March 3, 2019 as Eating Disorders Awareness Week

#### **Background:**

Alliance for Eating Disorders Awareness ("The Alliance") is a nonprofit\* organization dedicated to providing programs and activities aimed at outreach, education, and early intervention for all eating disorders. Founded in October 2000, The Alliance has worked tirelessly to raise awareness, eliminate secrecy and stigma, promote access to care and support for those susceptible to, currently struggling with, and recovered from eating disorders. The Alliance creates a bridge for those needing and seeking help by connecting people with resources and information to assist them in their recovery.

The Alliance offers educational workshops and presentations, free support groups for those struggling and for their loved ones, advocacy for eating disorders and mental health legislation, national toll-free phone help line, and referrals, support and mentoring services. All services offered by The Alliance are free-of-charge, therefore, making it accessible to everyone. Since its inception in October 2000, The Alliance has offered presentations on eating disorders, positive body image, and self-esteem to more than 250,000 individuals throughout Florida and nationwide.